

Middle Georgia State University | Fall 2026

Wellness Week

OCTOBER | 5th - 9th | 2026

Mark your calendars! MGA is hosting a vibrant series of interactive health, wellness, and well-being events across our campuses.

Whether you're looking to recharge, learn something new, or connect with others, there's something for everyone – students, faculty, and staff alike!

Let's come together to celebrate well-being and make MGA an even healthier place to learn and work!



SCAN HERE
for more info

